

Train of thought



I wonder how he's doing?



I haven't seen him for a few days.



I'll invite him for a cuppa
and ask 'Are you OK?'

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I've noticed she seems under the weather.

She hasn't returned any of my texts.



I'll have a quiet word with her at lunch and ask 'Are you OK?'



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trackSAFE
FOUNDATION



RUOK?

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It's not like him to forget.



Seems like he's elsewhere.



I'll invite him for a walk around the block and ask 'Are you OK?'

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